

Life Group Meeting

Good Intentions: God Helps Those Who Help Themselves

Get to Know You Question:

What's a hobby or talent of yours?

Into the Bible:

Have someone read Ephesians 2:4-10

- When or where have you heard the phrase “God helps those who help themselves?”
 - What was the reasoning behind the phrase?
- Does God help those who don't or can't help themselves?
- How does community play a role in the phrase “God helps those who help themselves”?

Going Deeper:

God helps everyone, regardless of our ability, because God loves everyone.

- We believe that God gave us salvation through Jesus Christ when we couldn't save ourselves, when we couldn't help ourselves. What other moments in life has God helped you when you couldn't do it yourself?

- Knowing the kind of help God gives out of God's love for us, how does that inform the kind of help we as the body of Christ can offer to others?
 - How does that inform the kind of love we are to have for others?

- How can we grow in our love for others?
 - What helps you have love and compassion for those around you?
 - For reflection (share if you want): Where do you need boundaries around loving others so you continue to care for yourself?

For continued conversation:

- How is the phrase "God helps those who help themselves" similar to the phrase "pick yourself up by your bootstraps"?
- How might the discussion about "God helps those who help themselves" inform the phrase "pick yourself up by your bootstraps"?